

**NEW DIRECTIONS FOR CHILDREN, YOUTH, ADULTS AND FAMILIES
PROGRAM REFERRAL INFORMATION**

COUNSELLING, ASSESSMENT, SUPPORT, AND PREVENTION PROGRAMS

PROGRAM	SERVICE	CONTACT	REFERRAL
Family Therapy	<ul style="list-style-type: none"> Therapy for any family within Winnipeg or vicinity; consultation; family systems training for front line workers; teen group; outreach support, consultation, Support Group for Parents of High Risk Youth – Ongoing group that provides peer support, advocacy, and counselling for parents and families of adolescents wrestling with emotional or behaviour issues. 	Administrative Assistant Ph: 786-7051 ext. 5262	Self or Agency
Families Affected By Sexual Assault (FASA)	<ul style="list-style-type: none"> Therapy services for children and families affected by third party sexual assault; Training and consultation for parents, caregivers, and service providers regarding sexual assault; Child must be under 18, recent disclosure, offender someone other than parent/caregiver or sibling. Consultation and therapy for children (under 12) and their families where the child has exhibited sexual behaviour problems. 	Administrative Assistant Ph: 786-7051 ext. 5262 No waiting list for FASA Waiting list for SBP	Self or Agency
Parenting Centre	<ul style="list-style-type: none"> Counselling, play therapy, groups (Triple P, Attachment and other), community outreach, family therapy, and support to access resources information around parenting and family issues. Intensive home counselling focused on prevention of abuse and neglect. Training site for social work and related fields. Training for parents and daycares experiencing difficulties with young children. 	Program Coordinator Ph: 956-6560	Self, Agency or Professional
Interagency Fetal Alcohol Spectrum Disorder Program	<ul style="list-style-type: none"> Home based support services to families with children 0-6 who have been prenatally exposed to alcohol. Support for collateral agencies involved with families and children to understand FASD. Presentations available to communities, groups, and professionals. Toll free Manitoba confidential phone information and consultation line: 1-866-877-0050 	Ph: 582-8658 Email: IFASD@newdirections.mb.ca	Self or Agency
Opikihiwawin	<ul style="list-style-type: none"> Cultural activities for adoptee/fostered participants including: leadership, drum groups, art classes. Education and support for non-Aboriginal parents who have adopted or are fostering Aboriginal children. 	Project Coordinator Ph: 783-7078 ext. 201	Self or Agency
Manitoba Learning Centre	<ul style="list-style-type: none"> Psychological assessment of cognitive, adaptive, and vocational functioning. Psychological report, including recommendations. Fee for service; assessment may be covered by some insurance plans. 	Administrative Assistant Ph: 786-7051 ext. 5262	Self, School, or Agency

TRAINING AND EDUCATIONAL PROGRAMS

Training Resources for Youth (TRY)	<ul style="list-style-type: none"> 19 week pre-employment program for young people ages 16 to 19. Life skills training, job search training, work experience, counselling, support, advocacy, educational assessment, work incentive. There is a screening interview. Individuals must not be attending school or employed. 	Phone: 786-7051 ext. 5256 to inquire about training groups.	Self or Agency
Project OASIS	<ul style="list-style-type: none"> Multi-disciplinary program designed to respond to the challenges faced by newcomer youth from countries in political strife. Targets newcomer refugee youth, between the ages of 12 and 21, who are in contact with the Youth Criminal Justice System. 	Program Coordinator Ph: 786-0846	Self, Agency Schools, Probation
Resources For Adolescent Parents (RAP)	<ul style="list-style-type: none"> Academics, pre/post-natal education and care, parenting, job search skills, cultural programming, counselling, support and advocacy. Any female under age 18 who is pregnant or parenting, not in school or working. 	Program Coordinator Ph: 783-7078 ext. 201 Continuous intake.	Self or Agency or Professional
Transition, Education, And Resources For Females (TERF)	<ul style="list-style-type: none"> Education, transition, holistic healing for youth, women and transgender who have been sexually exploited through the sex trade. Mentor/Youth: ages 12– 18, adult 18 +. Training for service providers & others who work with this population is available. 	Administrative Assistant. Ph: 786-7051 ext. 5311	Self or Agency

DAY PROGRAMS (continued)

PROGRAM	SERVICE	CONTACT	REFERRAL
JobSolution	<ul style="list-style-type: none"> ▶ Programming for young adult job-seekers (18-29) offering work readiness skill development, on-site monitoring, labour force retention, vocational and educational assessments if required, counselling and advocacy. Individualized programming. Participants should be on employment and income assistance or willing to apply for E.I.A. ▶ Structured day programming on-site for supported living participants that focuses on obtaining and maintaining competitive employment. 	Case Manager Ph: 786-7051 ext. 5319	Self, Community or Agency
Alternative Solutions Day Service	<ul style="list-style-type: none"> ▶ Provides day service supports in the areas of work experience, education (literacy, communication, life skills, etc.) and recreation for youth and adults living with an intellectual disability, some of whom may be Deaf or hard of hearing. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: 943-0357; fax 943-0696	Family Services, Special Services, Mental Health, and School Divisions

RESIDENTIAL AND SUPPORT PROGRAMS

Community Treatment Centres: St. Michaels, Wakopa, Greendell & Sharp	<ul style="list-style-type: none"> ▶ Five centres that provide community based treatment for children and their families; males: 8-12 years old; females: 13-17 years old (some variances with age may occur). ▶ St. Michaels and Wakopa do not accept referrals. 	Program Manager Ph: 786-7051 ext 5279	Provincial Placement Desk
Treatment Resources And Individualized Living Supports (TRAILS)	<ul style="list-style-type: none"> ▶ Clinical case management supported treatment foster care, individualized placements and supported independent living for high needs children and youth in city of Winnipeg and surrounding area. ▶ Child must be Level IV to be considered. 	Program Manager, TRAILS or Phone: 786-7051 ext. 5229	Manitoba Family Services, Provincial Placement Desk Federally funded participants may be referred directly
Regional Specialized Foster Care (RSFC)	<ul style="list-style-type: none"> ▶ Clinical case management supported treatment foster care to high needs children and youth in homes located in the Interlake and some other rural locations. ▶ Child must be Level III or higher to be considered. 	Regional Specialized Foster Care Coordinator. Ph: 786-7051 ext. 5330	
Bridges A Long-Term Residential Program	<ul style="list-style-type: none"> ▶ Provides community living (caregiver homes, foster homes, professional parent homes) accommodation and support to children and adults with intellectual disabilities who may have medical, mobility, mental health or behavioural issues. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: 786-7051; TTY 774-8541 Fax: 779-8190	CFS Authorities and the Supported Living Program of Manitoba Family Services
Supported Apartment Living Program (S.A.L.)	<ul style="list-style-type: none"> ▶ Broad spectrum of community based services including: 1:1 shifts, life skills, health & disability management, recreation, clinical support, meal programs, outreach assistance, and assessment services available. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: 772-7257 Fax: 786-2686	Self, Manitoba Family Services and WRHA
Empowering People In The Community (E.P.C.)	<ul style="list-style-type: none"> ▶ To promote, support, and facilitate community-based, own family or independent living situations for individuals with mental disabilities, mental health issues, or neurological disorders 	Program Manager Ph: 786-7051 Fax: 774-6468 TTY: 774 -8541	CFS Authorities, Family Services, or WRHA
D.E.A.F Support Services	<ul style="list-style-type: none"> ▶ Provides residential support to Deaf children and youth in care and to adults with mental disabilities, mental health issues, or neurological disorders. Services include support and case management for individuals in foster placements, living with their family, or in independent living. ▶ Kai Na Quiniget is for children and adolescent participants who are Deaf. 	Program Coordinator Ph: 786-5051 Fax: 779-8190 TTY: 772-6291 Deafsupport.services@newdirections.mb.ca	CFS Authorities, Family Services, WRHA, Provincial Placement Desk
Shift-Staffed Homes	<ul style="list-style-type: none"> ▶ SSH supports individuals in community homes. The homes are staffed 24 hours a day to provide continuous care and supervision for adults with intellectual/physical disabilities. ▶ Those referred must be eligible for appropriate levels of funding. 	Program Manager Ph: (204) 261-8778 Fax: (204) 275-0450	Family Services, Province of Manitoba